



Course Catalogue













The Care Academy is available to everyone interested in a career in Health and Social Care. Through the Academy you can receive careers planning and guidance support, Health and Social Care specific training, opportunities to gain work experience, on the job training and wellbeing support to help you to overcome any barriers that may be preventing you from entering training or gaining employment.

We offer a range of blended approaches, from remote engagement to self-directed learning through our CPD platforms, as well as face to face where required. But to help more people access our support and training most of our support will be provided remotely through our digital TEAMS platform. Whether you want to join a structured training programme with a group, to undertake e-learning, or get one to one wellbeing support from our learning mentors, you can do so remotely, providing you with the flexibility and accessibility to fit your learning around your other commitments.

Level 1 Courses Overview

The Level 1 courses are suitable if you have no prior knowledge or experience in health and social care, or have just started out working in the sector and wish to develop your knowledge in specific areas. The courses are based on two days learning a week, enabling you

time between sessions to reflect and develop your understanding from the learning undertaken in each session. They will be delivered in a blended way; remotely online in a 'virtual live classroom' and through e-learning.

Level 1 Courses	Delivery Style	Duration (2 days per week)
Level 1 Award Preparing to Work in Adult Social Care	 	5 weeks
Level 1 Award in Mental Health Awareness	 	2 weeks
Level 1 Award in Alcohol Awareness	 	2 weeks
Level 1 Award in Sexual Health Awareness	 	1 week
Level 1 Award in Awareness of Substance Misuse	 	2 weeks

Level 2 Courses Overview

The Level 2 courses are suitable for those with a Level 1 in health and social care or a related field. You will have the opportunity to develop your generic knowledge of health and social care work and practice standards, as well as develop and enhance your knowledge in areas of specialism within the sector. The courses

are based on two days learning a week, enabling you time between sessions to reflect and develop your understanding from the learning undertaken in each session. They will be delivered in a blended way; remotely online in a 'virtual live classroom' and through e-learning.

Level 2 Courses	Delivery Style	Duration (2 days per week)
Level 2 Certificate in Understanding the Safe Handling of Medication in Health and Social Care	 	10 weeks
Level 2 Certificate in Awareness of Mental Health Problems	 	14 weeks
Level 2 Certificate in Preparing to Work in Adult Social Care	 	15 weeks
Level 2 Certificate in Understanding Behaviour That Challenges	 	12 weeks
Level 2 Certificate in Understanding Children and Young Peoples Mental Health	 	12 weeks
Level 2 Certificate in Understanding Nutrition and Health	 	11 weeks
Level 2 Certificate in Principles of Dementia Care	 	11 weeks
Level 2 Certificate in Principles of End-of-Life Care	 	10 weeks
Level 2 Certificate on Principles of Prevention and Control of Infection in health care settings	 	10 weeks



Remote classroom






Online course



Face to face



On the job learning










Level 2 Courses	Delivery Style	Duration (2 days per week)
Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care	 	13 weeks
Level 2 Certificate in Principles of Working with Individuals with Learning Disabilities	 	13 weeks
Level 2 Certification in Information, Advice or Guidance	 	11 weeks
Level 2 Certificate in Counselling Skills	 	11 weeks
Level 2 Certificate in Introduction Caring for Children and Young People	 	13 weeks
Level 2 Certificate in the Principles of Care Planning	 	14 weeks
Level 2 Certificate in Understanding Specific Learning Difficulties	 	11 weeks
Level 2 Certificate in Falls Prevention Awareness	 	10 weeks
Level 2 Certificate in Customer Service for Health and Social Care Settings	 	8 weeks
Level 2 Certificate in Behaviour that Challenges in Children	 	10 weeks
Level 2 Certificate in the Principles of the Mental Health Care Worker	 	11 weeks

Specialist Training

Specialist training is available in those areas that employers really like to see on CVs. They are considered as critical knowledge when working in care. The Care Certificate is required in all regulatory care settings and it must be completed by all staff as part of their induction to a new roll. Here at the Care Academy we can help you get a head start by introducing you to what the Care Certificate is all about, giving you the confidence to start a role in care, as well as increasing your opportunity to get a job. This will be delivered by a tutor in our remote 'live virtual classrooms'.

The moving and handling of people is essential for anyone wishing to work in a role that involves personal care and physically mobilising people in a care and support environment. Undertaking this course will increase your chances of gaining employment greatly. This is a two day face to face course.

The Trusted Advisor is also sought-after training employers look for care staff to have. This course can help you stand you out from the crowd, as you will be ready to advise, assess or install minor adaptations for people in their homes, making it more suitable or accessible for their needs. This is delivered both remotely and face to face.

Specialist Training	Delivery Style	Duration
Introduction to the Care Certificate		3 days
Moving and Handling People		2 days
Level 1 Trusted Advisor: Advising and Referring for Independence at Home	 	2 days
Level 2 Trusted Installer: Installing and Demonstrating Minor Adaptations	 	2 days
Level 3 Trusted Assessor: Assessing for Minor Adaptations	 	2 days
Level 4 Trusted Assessor: Assessing and Adapting the Home	 	2 days

Functional Skills (English, Maths, Digital literacy)

To study level 1 or above qualifications in health and social care or to increase your employment chances, you are required to have at least a level 1 or equivalent in English and Maths. If you do not have this already, the Care Academy can support you to achieve this with our functional skills programme.

You will need to register on our English or Maths skills if you do not have a level 1. You can undertake these courses alongside your health and social care qualifications, or if you prefer you may undertake your functional skills first.

You will also be able to increase your level of English and Maths if you are studying higher level qualifications.

We also offer a digital literacy course which helps you improve your IT skills, to help with studying or in the workplace. As many qualifications and employers require you to use IT more and more, having a digital literacy qualification can also boost your chances of employment, create more opportunities, and access to learning.

Workskills

This course is an opportunity for you to gain an insight into working in care through work placements. It will help you to gain confidence and skills in searching, applying and interviewing for jobs. The course delivered

remotely. You will start off with learning about what it takes to get a job in care, building up to work experience that enables you to make an informed decision about the jobs you want to apply for.




Specialist Training	Delivery Style	Duration (2 days per week)
Level 1 Workskills (Preparing for Employment)		5 weeks

Additional Learning

Here at the Care Academy we want to give you the best opportunity possible to gain employment. Therefore, we will be offering additional learning in key areas alongside your Level 1 or 2 studies. Each e-learning course will increase your knowledge and understanding so that you can demonstrate to employers your readiness to work in care. They are short courses

ranging from 30 minutes to 2 hours and can be done in your own time. You can also study these courses on their own if you are experienced in care and need to update or refresh your knowledge. We have a packed bundle available to you as seen below. You can pick and mix from our full range and undertake as many as you wish.

Packaged E-learning – CPD Accredited Courses – Supporting Level 1 delivery	Delivery Style	Duration
Safeguarding Adults and Children		Up to 2 hours
Health and Safety in the Workplace		Up to 2 hours
Understanding Equality and Diversity		Up to 2 hours

Packaged E-learning – CPD Accredited Courses – Supporting Level 1 delivery	Delivery Style	Duration
Mental Capacity Act		Up to 2 hours
Dementia Awareness		Up to 2 hours
Understanding the Safe Handling of Medication		Up to 2 hours





Individual E-learning CPD Accredited Courses	Delivery Style	Duration
Understanding Eating Disorders		Up to 2 hours
Understanding the Safe Handling of Medication		Up to 2 hours
Understanding Stress		Up to 2 hours
Understand the Principles of Exercise and Fitness		Up to 2 hours
Explore the Principles of Healthy Eating		Up to 2 hours
Safeguarding Adults and Children		Up to 2 hours
Principles of Safeguarding		Up to 2 hours
General Data Protection Regulation		Up to 2 hours
Introduction to First Aid – Zone 1		Up to 2 hours
Introduction to First Aid – Zone 2		Up to 2 hours
Introduction to First Aid – Zone 3		Up to 2 hours
Introduction to First Aid – Zone 4		Up to 2 hours
Understanding Equality and Diversity		Up to 2 hours
Food Safety Awareness		Up to 2 hours
Prepare to Deliver Excellent Customer Service		Up to 2 hours
Health and Safety in the Workplace		Up to 2 hours
Fire Safety Principles		Up to 2 hours
DSE Risk Assessment		Up to 2 hours
COSHH Risk Assessment		Up to 2 hours
Manual Handling Safety at Work		Up to 2 hours
Principles of Internet Safety		Up to 2 hours
The Importance of Online Safety		Up to 2 hours
Prevent Duty		Up to 2 hours
The Importance of British Values		Up to 2 hours

Apprenticeships

Here at the Care Academy we will also support you to progress in your career and open doors to further training, further education, and higher education. The Shaw Trust has dedicated services that can take you to the next stage in your journey.

Apprenticeships give you the opportunity to earn as you learn. We can help to match you to an employer with vacancies.

Alternatively, if you are already working in the care sector and looking to take the next step in your career we can help by supporting you through Shaw Trust's Apprenticeship service – Delivered by Ixion Learning Skills, an Ofsted Outstanding provider. Apprenticeships range from 12-18 months depending on which level you are undertaking.

Further Progression Routes - Apprenticeships	Delivery Style	Duration
Level 2 Apprenticeship Adult Care Worker		12-18 months
Level 3 Apprenticeship Lead Adult Care Worker		12-18 months
Level 4 Lead Practitioner in Adult Care		12-18 months
Level 5 Apprenticeship Leader in Adult Care		12-18 months

Traineeships

If you are looking to undertake work-based training, we can also connect you to Shaw Trust's traineeship opportunities. This will help you figure out

if the health and social care sector is right for you, with an opportunity for an 8 week placement gaining both experience and a Level 1 qualification.

Progression Routes – Traineeships (for aged 16-18yrs and 19-24yrs)	Delivery Style	Duration
Level 1 Traineeship in Health and Social Care		8 weeks

Higher Education Access Funding

On your journey, if you wish to study a Level 3 or above in further education, or are looking to access higher education we will be able to connect you to services that provide funding to help you achieve this.

Further and Higher Education Access Funding
Adult Education Budget
Adult Learner Loans

